

ANNUAL REPORT

2019 - 2020



Prepared By:
Shaaaz Foundation

SAMADHAN (SOLVING WATERBORNE DISEASE CHALLENGES ALONG WITH WATER CONSERVATION THOUGHTS)

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Executive Summary

Project SAMADHAN, a flagship initiative of the esteemed SHAAZ FOUNDATION, has demonstrated exceptional progress and impact over the span of 2019-2020. Focused on tackling the source of waterborne diseases and its far-reaching socio-economic consequences, this project has emerged as a beacon of hope and transformation for communities facing these challenges.

Addressing Waterborne Diseases and Socio-Economic Impact:

The central objective of Project SAMADHAN has been to alleviate the burden of waterborne diseases that have disproportionately affected vulnerable communities. These diseases not only pose immediate health risks but also have a profound socio-economic impact, impeding the progress and prosperity of the affected areas. SAMADHAN sought to reverse this trend by adopting a multi-faceted approach that addresses both the immediate health concerns and the long-term development aspirations of these communities.

Enhancing Community Well-being through Holistic Strategies:

At its core, Project SAMADHAN aspired to uplift community well-being through three critical pillars: *awareness, water quality improvement, and healthcare capacity-building.*

Awareness: SAMADHAN recognized that knowledge is the foundation of change. Through targeted awareness campaigns, workshops, and community engagements, the project effectively educated residents about the causes, effects, and preventive measures related to waterborne diseases. This empowered the communities to take charge of their health and adopt healthier practices, leading to a positive ripple effect on their overall well-being.

Water Quality Improvement: Clean and safe drinking water is a basic human right, yet it remains elusive for many. Project SAMADHAN worked diligently to enhance access to uncontaminated water by installing water purification units and rehabilitating existing water sources. This concerted effort not only reduced the risk of waterborne diseases but also paved the way for a healthier future.

Healthcare Capacity-building: A robust healthcare system is a cornerstone of any thriving community. SAMADHAN established temporary mobile health clinics, extending medical services to communities that lacked adequate healthcare access. By training local healthcare

workers, the project also contributed to building a sustainable healthcare infrastructure that could cater to the ongoing health needs of these areas.

Strategic Partnerships and Holistic Approaches:

Project SAMADHAN's achievements can be attributed to its strategic partnerships and holistic methodologies. Collaborations with government agencies, other non-governmental organizations, and private sector entities fortified the project's resources and reach. Moreover, the holistic approach that encompassed awareness, water quality, and healthcare ensured a comprehensive solution that addressed the root causes of waterborne diseases and their societal implications.

In conclusion, Project SAMADHAN, an undertaking led by the esteemed SHAAZ FOUNDATION, stands as a testament to the power of focused initiatives in creating positive change. By championing community well-being through awareness, water quality enhancement, and healthcare capacity-building, SAMADHAN has not only alleviated the burden of waterborne diseases but has also sowed the seeds for sustainable development and progress. The journey continues, fueled by the spirit of collaboration, empathy, and a shared vision for a healthier, stronger future.

About The Organization

Shaaz Foundation was established under the Societies Registration Act 1860 in 2019 with a vision to witness the change in human life through holistic and sustainable development and thus aims to empower and strengthen the living standard of unreached people.

Our projects are based on data driven solutions and design thinking processes which are in sync with UNSDGs and community needs. So far, we have touched the lives of more than thousands migrant workers in different domains.

Shaaz Foundation intends to enable migrant workers and their family members to engage in economic activities and also help them to build livelihood assets which will effectively reduce their vulnerability so that they can live a dignified life with their loved ones.

Recently we've worked on the Livelihood, Health, Covid Relief & Agriculture sector.

Introduction

A healthy community denoted a better standard of living and the best way to overall well-being of the community members.

Background and Objectives of Project SAMADHAN

Amidst the communal tensions that gripped Uttar Pradesh in the 1990s, a considerable number of families found themselves migrating from diverse locations to Aligarh, particularly the city's proximity. These newly formed communities often resided in semi-slum or slum environments. Challenges such as waterlogging, waterborne diseases, limited healthcare access, and restricted availability of free education facilities became prevalent in these areas.

Health stands as a pivotal facet of human well-being, and adopting a preventive approach is paramount for maintaining it. The effectiveness of a preventive strategy hinges upon the awareness of individuals regarding the factors contributing to community-wide illnesses.

Understanding these circumstances, Project SAMADHAN was conceived and executed. This initiative was specifically designed to address the critical issue of waterborne diseases that disproportionately affected these marginalized communities. The core objective of the project was to introduce sustainable measures that curtailed the prevalence of waterborne diseases, improved the accessibility of safe drinking water, and bolstered the capabilities of local healthcare systems.

Key Achievements

Community Engagement and Awareness:

Implemented 5 comprehensive awareness campaigns, effectively reaching out to 1500 households and underscoring the significance of hygiene and disease prevention in the context of waterborne diseases.

Our organization's outreach extended across more than 1500 households situated within the slum area, where the prevalence of waterlogging poses a substantial challenge for the community. To ensure targeted impact, we initiated a baseline survey to gauge the optimal approach for disseminating knowledge about waterborne diseases. Our strategy incorporated 12 focused group discussions, coupled with a diligent door-to-door campaign, forming the core of our awareness drive.

Dynamic interactive workshops and engaging community forums served as platforms for nurturing behavioral change and fostering positive practices among the residents. Leveraging Participatory Rural Appraisal, we successfully activated community members, harnessing the potential of social resources to ensure the efficacy of our initiatives and facilitate lasting transformations. Confronting water conservation practices head-on, we recognized the vital role of accessible drinking water facilities in the prevalence of waterborne diseases. Through informative workshops and impassioned rallies, our organization spearheaded efforts to underscore the importance of conserving and ensuring access to clean drinking water. This endeavor prompted community-wide motivation to install a specific number of public water purification units, strategically positioned within the locality, thereby guaranteeing widespread access to pure and secure drinking water. In our pursuit of healthcare access and capacity building, we established three temporary mobile health clinics. These clinics provided not only medical services but also imparted preventive care practices, catering to the unique healthcare needs of these communities. Recognizing the pivotal role of grassroots health workers, with the help of professionals we diligently trained three Accredited Social Health Activists (ASHA) and three Anganwadi workers within the local area, enhancing their proficiency in diagnosing waterborne diseases and effectively contributing to community health.

Water Quality Enhancement:

In our relentless pursuit of public health, we have dedicated substantial efforts to enhance water quality as a pivotal strategy in mitigating waterborne diseases. Rigorous testing protocols ensure the removal of contaminants, while proactive infrastructure investments bolster our resilience against emerging threats. Water quality enhancement involves implementing measures and strategies to improve the overall purity and safety of water sources. This encompasses a range of activities, including monitoring water quality, employing advanced treatment technologies, implementing infrastructure

improvements, and promoting community awareness. The goal is to reduce or eliminate contaminants, pathogens, and pollutants, ensuring that the water supplied to communities meets or exceeds established health and safety standards. Water quality enhancement is crucial for preventing waterborne diseases, protecting ecosystems, and promoting the well-being of both human and environmental health. Ongoing efforts in this area contribute to sustainable water management and a healthier, more resilient society.

This year's initiatives focus on optimizing purification processes, fortifying distribution networks, and fostering community awareness to collectively safeguard against waterborne diseases. Our unwavering dedication to water quality enhancement stands as a cornerstone in the prevention and reduction of waterborne illnesses, fostering a healthier and more secure environment for all.

Healthcare Access and Capacity Building:

Our commitment to fostering inclusive healthcare systems has driven initiatives aimed at expanding access to medical services and enhancing the capacity of healthcare facilities. Through strategic partnerships, community outreach, and infrastructure investments, we have worked diligently to bridge gaps and ensure that quality healthcare reaches every corner of our community. This report reflects our dedication to building a robust healthcare infrastructure, empowering communities, and advancing the collective goal of accessible and equitable healthcare for all.

Research and Data-driven Interventions:

Through strategic partnerships and collaborative research efforts, we harness the power of evidence-based insights to design and implement interventions that are not only tailored to the unique challenges at hand but also responsive to dynamic environments.

Our commitment to research and data-driven decision-making ensures that our interventions are not only proactive but also adaptable, fostering a culture of continual improvement and innovation in our pursuit of positive and lasting change.

Rigorous data analysis serves as the compass guiding our interventions, enabling us to identify key trends, target specific needs, and measure the efficacy of our initiatives.

Challenges Faced

Resource Constraints:

Project SAMADHAN faced several challenges due to its limited resources and funding. Due to the project's ambitious scope, careful budgeting and alternative funding sources were needed to balance the project's scope with the available resources.

Behavioural Change Resistance:

The implementation of behavioral change within communities has proven to be a challenge over time, particularly when it comes to the implementation of new hygiene procedures and preventive measures. To overcome ingrained habits and promote lasting behavioral changes, awareness campaigns must be implemented on a regular basis and tailored to the specific needs of the community.

Geographical diversity:

The objective of the project was to combat waterborne disease in a variety of geographical locations, including isolated and difficult-to-access areas. To address the logistical difficulties of access, coordination, and equitable impact across regions, creative and adaptive strategies were employed.

Government Agencies:

Additionally, the project's long-term sustainability and impact were a major challenge, necessitating careful planning and the development of capacity-building measures to empower and involve local communities.

Finally, the project's culturally and linguistically diverse communities necessitated culturally sensitive approaches to communication, dissemination, and trust-building, as well as the development of culturally appropriate materials. Each challenge provided a chance to learn, adapt, and innovate. Ultimately, the success of the project was dependent on its ability to strategically address these challenges, build partnerships, enlist community involvement, and remain steadfast in its mission.

Financial Overview

Financial Overview

Expenses	Amount
Total Budget	80000
Expenditure	95630
Training	15000
Baseline Survey	3000
Stationary	2000
Analysis	10000
Travel	3700
De Briefing Session	6000
Workshop over preventive measures of Water borne diseases	6600
Miscellaneous	3030



Impact

The impact of Project SAMADHAN has been both tangible and transformative, leaving an indelible mark on the communities it aimed to uplift.

Through its comprehensive approach, the project has brought about significant positive changes:

Reduction in Waterborne Diseases: The concerted efforts of Project SAMADHAN have led to a noticeable decrease in reported cases of waterborne diseases within the targeted

communities. By promoting hygiene practices, improving access to safe water, and enhancing healthcare services, the project has contributed to improved public health outcomes.

Behavioral Change and Empowerment: The project's awareness campaigns and community engagement initiatives have successfully catalyzed behavioral change. Communities have adopted healthier practices, reinforcing a culture of hygiene and prevention. This empowerment has extended beyond health, resonating in other aspects of community development.

Enhanced Access to Safe Water: The installation of water purification units and rehabilitation of water sources have provided sustainable access to clean and safe drinking water. This has not only reduced the risk of waterborne diseases but has also alleviated a significant burden on the daily lives of community members.

Healthcare Capacity Enhancement: The establishment of temporary mobile health clinics and training of local healthcare workers have bolstered healthcare access and capacity within the targeted areas. This has resulted in improved diagnosis, treatment, and prevention of waterborne diseases, promoting overall community well-being.

Future Prospects

Project SAMADHAN's impact lays a strong foundation for its future prospects, ensuring a continued trajectory of positive change:

Expansion and Reach: Building on its successes, the project aims to expand its reach to even more communities in need. Targeting new areas with similar challenges will amplify the impact of the project and bring its benefits to a wider population.

Sustainability: Ensuring the long-term sustainability of the project's initiatives remains a priority. By fostering community ownership, establishing local partnerships, and encouraging

the adoption of self-sustaining practices, Project SAMADHAN aims to create lasting change that endures beyond the project's lifespan.

Innovation and Adaptation: The project recognizes the importance of staying current with technological advancements and evolving community needs. Incorporating innovative solutions, such as utilizing technology for awareness campaigns or exploring alternative water purification methods, will enhance the project's effectiveness.

Advocacy and Policy Influence: Project SAMADHAN seeks to advocate for improved policies related to waterborne disease prevention, healthcare access, and safe water availability. By influencing policy changes at local and regional levels, the project can contribute to systemic improvements in community health and well-being.

Collaborative Partnerships: Strengthening partnerships with government agencies, non-governmental organizations, and private sector entities will enhance resources, expertise, and reach. Collaborative efforts will play a pivotal role in achieving broader impact and sustained change.

In conclusion, the impact of Project SAMADHAN has been significant and far-reaching, touching the lives of communities and leaving a legacy of improved health, awareness, and well-being. The project's future prospects are promising, driven by a commitment to sustainable development, innovation, and collaboration, all geared toward realizing a healthier and empowered future for underserved communities.

Conclusion

Project SAMADHAN, under the stewardship of SHAAZ FOUNDATION, has achieved substantial progress in addressing waterborne diseases and promoting community health during the session 2019-2020. Despite challenges, our dedicated team, robust partnerships, and community involvement have paved the way for healthier, empowered, and resilient societies. We remain steadfast in our mission and eagerly anticipate the continuation of our journey towards positive change.

Contact Information

Address: E - 429, Ground Floor, New Ashok Nagar, New Delhi, 110096

Mobile No. : 8809626792

Email: intesar.sid@gmail.com

Website: www.shaaazfoundation.org

Snapshot


